

Information



Welcome to 4PeakHealth

Thank you for entrusting your care to us. We are committed to providing excellent health services in a cost-effective manner.

This sheet gives you instant access to important information.

Services

Our clinical team can assist you with all of your healthcare needs. We pride ourselves on modern, convenient and continuous care.

Services include:

- + Regular Checkups
- + Women's Health
- + Family Planning
- + Minor Surgery
- + Repeat Prescriptions
- + Referrals
- + Mental Health
- + Sleep Medicine
- + Men's Health
- + Sexual Health
- + Pregnancy Care
- + Travel Medicine
- + Immunisations
- + Specialists
- + Musculoskeletal Consultations
- + Visiting Midwife & Podiatrist

Practitioners

Dr Paul Keys

Nurses

Katie Ackroyd, Anna Guerin, Rose McAdam, Sarah Leech, Julie Blair (Health Improvement Practitioner), Hayley Campbell (Health Coach)

Administration

Laura (Practice Manager), Belinda, Toni, Vanessa, Nickie

Fees

Registered Patients

0 — 13 Years	SUBSIDISED
14 — 17 Years	\$49.00
18+ Years	\$59.00

Nurse Consultation	\$32.00
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Casual Patients

0 — 5 Years	\$50.00
6 — 17 Years	\$60.00
18+ Years	\$80.00

CSC Holders

0 — 13 Years	\$0.00
14 — 17 Years	\$13.00
18+ Years	\$19.50

Longer appointments may be available. However, additional charges apply. Please ask our reception team for more information when booking.

After Hours Care

Triage nurses are available after hours. If you need assistance during this time, please call **(03) 693 8880**.

Our triage nurses will be able to provide advice or direct you to any other services you may need.

Enrolment

Enrolling is free and voluntary. If you choose not to enrol you can still receive health care services from your chosen GP, general practice or primary health care services provider.

Advantages of enrolling are that your visits to the doctor will be cheaper and you will have direct access to a range of services linked to the PHO.



You can access your test results via our online patient portal or by calling the practice on (03) 693 8880. Please ask reception staff for patient portal instructions should you require these.

Appointments

Please ring (03) 693 8880 for an appointment or book online via our online patient portal.

Every effort will be made to accommodate your preferred time. However, emergencies will always be given priority. Our reception staff will attempt to contact you if there are any unforeseen delays or if your GP has been called away.

Longer consultation times may be available. Charges apply.

Payments

Fees are payable at the time of consultation.

We accept cash, eftpos, cheque, visa, mastercard and online payments. Paywave is now available.

Fees for enrolled and registered patients are subsidised by the Government for various age groups and services costs are listed at the practice. If you have any queries, please contact reception - they are happy to help.

Repeat Prescriptions

We are happy to issue repeat prescriptions. However, we ask that you give us as much advance notice as possible — 24 hours is recommended.

Repeat prescriptions do incur a charge (\$18) and the doctor may need to see you prior to issuing for clinical and/or legal reasons - especially if you are not seeing your regular GP. You can order repeat prescriptions via our patient portal. Please ask our reception staff for more information.

Patient Portal

ManageMyHealth is an invaluable tool to help you communicate with your health provider. You can also order repeat medications on it, book in appointments, access all your investigations and see your notes. If you want to join up, please email us and we will help set you up.

Pharmacies

Geraldine Pharmacy — 24 Talbot Street, (03) 693 8601 — is open from 9Am to 5:30PM on weekdays and 9:30AM to 1:30PM on Saturdays. The pharmacy is closed on Sundays and Public Holidays.

Personal Information

Your medical record is a confidential document.

It is the policy of this practice to maintain security of personal health information at all times and to ensure that this information is only available to authorised staff members.

General Information:

4PeakHealth
16 Cox Street
Geraldine
Canterbury 7930
New Zealand

Parking space is available within the Cox Street Car Park. Ample street parking is also available.

A pharmacy is located within 350m of the practice.

Please dial 111 in emergencies.

Monday to Friday — 8:30 AM to 5 PM
Weekends & Public Holidays — closed

Phone: (03) 693 8880
Fax: (03) 693 9919

Email: admin@4peakhealth.co.nz

Triage nurses are available after hours. If you need assistance during this time, please call (03) 693 8880. Our triage nurses will be able to provide advice or direct you to any other services.